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COURSE OUTLINE

Course Title: Health and Healing IV

Code No.: NUR210

Semester:

Program: Nursing

Author: Brenda Warnock/Judi Maundrell/Debbie Sargent

Date: December, 1997

Previous Outline Date: 05/96

Approved:

Dean

Date

Total Credits:

Prerequisite(s): NUR209, NUR213
BIO208

Length of Course: 4hrs/wk **Total Credit Hours:** 56

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For additional information, please contact Donn S'rembiay, Dean, School of Health Sciences,
Human Sciences and Teacher Education, (70S) 759'2SS4, Ext \$90.

COURSE NAME

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Using a collaborative group process approach the student will work on learning activities that focus on providing wholistic care for individuals and families experiencing common health problems. Students will address several dimensions of health care that reflect the holistic nature of caring for individuals from a multicultural society. Students will have an opportunity to examine current issues surrounding the mental health and maternal/newborn fields of practice.

n. LEARNING OUTCOMES:

In this course, many learning activities are designed to foster collaborative learning in small groups. In order for the learner to develop the ability to critically think, reflect, and integrate new information, the learner must engage in active dialogue with colleagues and the teacher. It is, therefore, to the learner's benefit that the learner attend and participate.

Upon successful completion of this course, the student will demonstrate the ability to:

1. analyze the legal, ethical and cultural issues that may occur when caring for individuals and childbearing families.
2. analyze recent, social, economic and family nursing care trends that have affected the childbearing family and individuals experiencing mental illnesses.
3. collaborate with other students in developing approaches to care for the childbearing family and in developing approaches to and families experiencing mental health challenges.
4. describe the pathophysiology underlying alterations in health and healing.
5. examine the role of the nurse when caring for individuals, families and communities.
6. explore caring approaches to facilitate health promotion.
7. demonstrate effective interpersonal skills in interactions with individuals and their families.
8. participate in a variety of teaching/learning interactions between nurses and clients.
9. apply analytical thinking skills to work through the learning activities.

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m. TOPICS:

The content will be studied under the following concepts:

Concept 1: Mental Health Nursing:

- Overview of caring for people experiencing mental health problems
- A client experiencing anxiety
- A couple experiencing a crisis
- A family experiencing violence
- A client living with a substance abuse problem
- A client experiencing an affective disorder
- A client and family experiencing a major mental illness
- Therapeutic relationships

Concept 2: A family experiencing childbearing/rearing.

Concept 3: High risk maternal/newborn challenges.

Concept 4: Subconcepts will include:

- health issues
- legal, ethical
- family
- interpersonal skills
- health promotion
- caring
- culture
- pathophysiology
- community
- pharmacology
- growth and development

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same texts as in semesters 1 and 2.

Carson, V., & Arnold, E. (1996). Mental - Health Nursing. The Nurse-Patient Journey. Toronto: W.B. Saunders.

Neff M., & Spray, M. (1996). Introduction to Maternal and Child Health Nursing. Philadelphia: Lippincott

Health and Healing IV Student Resource Package, 1997-98.

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Refer to the Student Resource Package for additional recommended resources.

V. EVALUATION PROCESS/GRADING Si Slt^ivi:

1. The pass mark for the course is 60%. The course mark is composed of term work, including written assignments, and journal entries as well as mid-term and final examinations.
2. Students may be eligible for a rewrite for one test, exam or assignment. The highest mark that can be achieved on a rewrite is 60%. Refer to the Student Success Guide for specific policies relating to rewrites.
3. A mark has been assigned for this class for attendance. Students are allowed to miss one class without penalty. Further absences will cost a 2% deduction from your final mark for each day missed (To a maximum of 15%).

VI. SPECIAL NOTES:

Special Needs

If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations confidentially with the instructor and/or contact the Special Needs Office, Room #1204, Ext. 493, 717, 491 so that support services can be arranged for you..

Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Substitute Course Information is available at the Registrar's Office.

Plagiarism

Students should refer to the description of "academic dishonesty" in the Statement of Student Rights and Responsibilities.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

VII. PRIOR LEARNING ASSESSMENT

Students who wish to apply for advanced credit in the course should consult the instructor.